

# INTERVENTION WEBINAR

Is an Intervention an Act of Betrayal?



Mike Loverde, MHS, CIP

President & Founder,
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.





#### Is an Intervention an Act of Betrayal?

#### The Biggest Lie Families Believe





- "If I do an intervention, I'm betraying my loved one"
- Truth: NOT intervening is what keeps secrets buried and helps them stay sick
- You do not address the feelings of betrayal in the intended patient with betrayal by the family that helps them stay sick.

#### Addiction vs. Every Other Illness





- Heart attack, cancer, diabetes you call the doctor immediately. No one talks you out of it.
- Addiction the only fatal disease where:
  - The patient fights to stay sick
  - The family unconsciously helps them stay sick

#### Why Families Freeze: The Real Reasons





- Fear of change & the unknown
- Illusion of control
- Guilt ("I'll be betraying them")
- Not ready to let go of old family roles
- Haven't had "enough" pain yet (you haven't hit YOUR rock bottom)
- It's as if your loved one feels betrayed that you left them on a deserted island, and you believe you are betraying them by going back to rescue them.



### The Excuses We Hear Every Day



- "He'll never go" / "What if they say no?"
- "They're too stubborn / too smart / different"
- "Everyone in the family is finally on the same page" (Never once true)
- Reality: Families make MORE excuses for their loved one than the loved one will make at the actual intervention

### The Truth About "Betrayal"

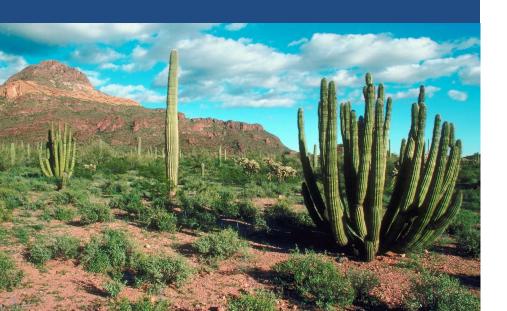




- Your loved one already feels betrayed (by life, by you, by the world) — that's why they lash out at the people who love them most
- Their anger and victimhood are a cry for help
- Failing to intervene = abandoning them on the island
- Intervening = finally sending the rescue boat
- Bottom line: An intervention is the opposite of betrayal — it's the ultimate act of love and loyalty



#### You Don't Have to Do This Alone



- If you call an interventionist like us that means part of you is ready
- We use a clinically evidence-based process (not an ambush)
- Success rates are high when families follow through
- We help the whole family heal not just "fix" the identified patient



# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!** 

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

Chat with us: family-intervention.com