

INTERVENTION WEBINAR

What If They Say No During Drug Or Alcohol Intervention?



Mike Loverde, MHS, CIP

President & Founder,
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

 Starting Soon

What If They Say No During Drug Or Alcohol Intervention?

What Is an Intervention?

- A structured process to confront addiction
 - Involves family, friends, and professionals
 - Aims to encourage treatment and recovery
 - Family First's S.A.F.E.® Intervention approach
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Why Do Families Ask, “What If They Say No?”

- Common question in every intervention consultation
 - Reflects family's fear of failure and change
 - Rooted in anxiety about the unknown
 - **“I’ve had a lot of worries in my life, none of which ever happened.” – Mark Twain**
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Decoding a “No” Response

- “No” ≠ rejecting treatment; it’s rejecting stopping substance use
 - Indicates denial of the problem or fear of sobriety
 - Disrespectful to family’s efforts, rooted in dysfunction
 - Families enable by accepting “no” without boundaries
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Why Families Struggle with “No”

- Families are comfortable with the known chaos of addiction
 - Fear of change mirrors the addict's fear
 - Codependency and enabling reinforce the status quo
 - Families can choose to detach from dysfunction
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No vs. Yes: Which Is Harder?

- Families struggle more when loved ones say “yes”
 - “Yes” requires significant change and adaptation
 - “No” is familiar; families already live with it
 - Shift focus from fearing “no” to preparing for “yes”
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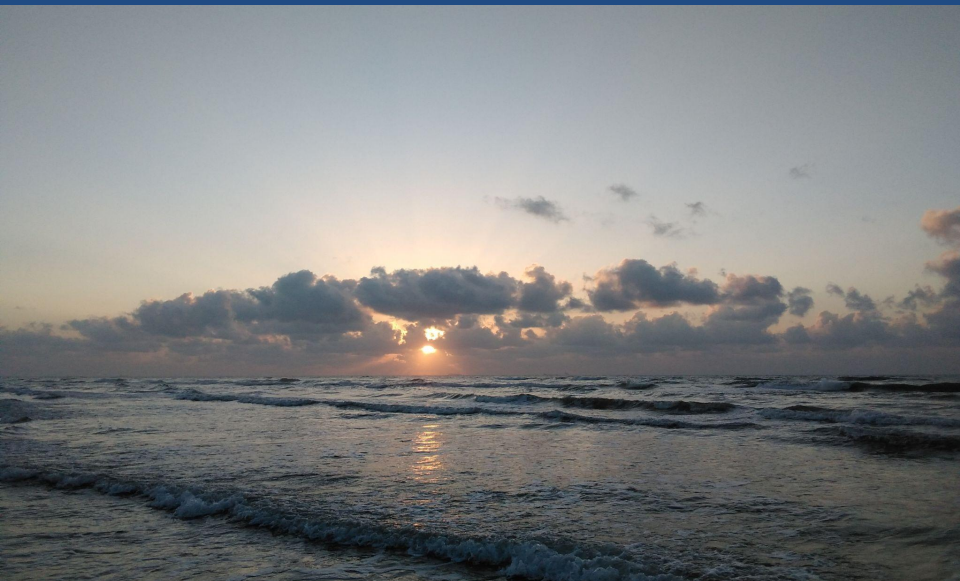
Why Addicts Say “No”

- Fear of sobriety and the unknown
 - Belief that families won't enforce boundaries
 - Excuses mask two core issues: wanting to continue use and doubting accountability
 - Addicts want help but fear change, just like families
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Turning “No” into “Yes”

- Set clear boundaries and consequences
 - Hold loved ones accountable consistently
 - Work with professionals to guide the process
 - Focus on the family’s readiness for change
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The Role of Professional Help

- S.A.F.E.® Intervention & Family Recovery Coaching
 - Guides families through fear and anxiety
 - Supports both “no” and “yes” outcomes
 - ***“An intervention is not about how to control the substance user; it is about how to let go of believing you can.”***
 - Helps families let go of control and embrace new solutions
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Stop Accepting Excuses and Start Getting Help

Questions? The Floor Is Yours!

Prefer to talk in private? Get in touch below:

Call Us: 1 (888) 291-8514

Chat with us: family-intervention.com
