

# INTERVENTION WEBINAR

**How to Get Over Betrayal From  
an Addict or Alcoholic Family  
Member**

 Starting Soon



**Mike Loverde, MHS, CIP**

President & Founder,  
Family First Intervention

Mike has an extensive history of helping families treat addiction. He is an authority in addiction treatment and remains dedicated to providing hands-on expertise at our clinic.

# How to Get Over Betrayal From an Addict or Alcoholic Family Member

---

# Understanding Betrayal in Addiction



- Betrayal often manifests as lies, manipulation, and broken promises
  - Addiction drives self-centered behaviors, not personal malice
  - Families feel taken advantage of, leading to deep emotional wounds
  - *This manipulation is a symptom of addiction and the beginning of dismantling a family system.*
  - Recognize betrayal as part of the disease, not the person's core
-

# Emotional Impacts on Families

- Constant fear, resentment, and internal conflicts arise
  - Families sacrifice needs for the addict's comfort
  - Leads to implosion with unhealthy roles and lost fulfillment
  - Impacts include anxiety, codependency, and delayed personal growth
-

# Role of Manipulation and Resentment

- Addicts test and break weak boundaries through manipulation
  - Resentment builds when families enable to avoid confrontation
  - Pits family members against each other; only the addict “wins”
  - Manipulation fuels entitlement, prolonging betrayal cycles
-

# Enabling and Codependency Traps

- Enabling protects the addict but disables change
  - **Codependency:** Surrendering life to addict's needs for approval
  - People-pleasers avoid conflict, perpetuating betrayal
  - Break the cycle by recognizing enabling as self-protection
- 



# Family Roles That Perpetuate Hurt

- **Enabler:** Assumes responsibility, disabling addict's growth
  - Other roles (e.g., hero, scapegoat) arise from resentment
  - Families exchange happiness for avoiding addict's anger
  - Address roles to heal family-wide betrayal wounds
- 





# Setting Healthy Boundaries



- Boundaries protect from further betrayal and manipulation
  - Examples: No financial support, no home access without help
  - Stick to them despite pushback; plan responses
  - Apply to active addiction and early recovery
-



# Role of Professional Intervention



- Education and guidance on boundary setting
  - Interventions change perceptions, reset family dynamics
  - Nationwide support for overcoming enabling and resentment
  - Collaborate with treatment teams for lasting healing
-

# Stop Accepting Excuses and Start Getting Help

**Questions? The Floor Is Yours!**

Prefer to talk in private? Get in touch below:

**Call Us:** 1 (888) 291-8514

**Chat with us:** [family-intervention.com](https://family-intervention.com)

---